Since February, 2010, Eat Play Breathe York has been working in partnership with city government, schools and community organizations to improve the health of those who live, work, learn and play in York City, by implementing policy, systems and environmental changes. We are making the healthy choice the easy choice in York, Pennsylvania!

- May 2010 - York City replaced all "no smoking" park signs with Young Lungs At Play tobacco-free signs at all 22 city playground parks
- June 2010 – York City became a Let’s Move City
- September 2010 – Bring On Play renovated its second park: Allen Park
- December 2010 – Transportation Task Force was developed to focus on Bike In York, Safe Routes to Schools and Complete Streets policy adoption
- February 2011 – York Urban Garden Association (YUGA) was developed
- April 2011- Hannah Penn Middle School students completed photovoice audit for a Safe Routes to Schools improvement project
- April 2011 – Complete Streets Resolution was passed by York City Council
- April 2011 – The first bike lane was added to King Street, connecting to the York County Rail Trail and the Broad Street Greenway
- May 2011 – The Transportation Task Force hosted its first Bike In York Week
- May 2011 – Two new cross walks were painted for safer crossing near Hannah Penn school
- May 2011 – Three new city gardens were developed: YMCA of York Teen Garden, Universal Unitarian Church Garden and Pershing Street Urban 4H Garden (in partnership with York City Redevelopment Authority)
- July 2011- New zoning ordinance was passes prohibiting outdoor (street side) food and beverage vending machines
- August 2011 – Implemented the federal Fresh Fruits and Vegetable Program at Jackson Elementary (one of six city elementary schools)
- September 2011 – Bring On Play renovated Westminster Park in partnership with the York Revolution professional baseball team
- May 2012 – Sharrows were added to Philadelphia Street which extends the width of the city
- May 2012 – Moving Plans Into Action task force was created to focus on improving walkability and bikeability within the “North Bend” and Downtown regions of the city
- June 2012 – York was named a Playful City by Kaboom for the fifth year in a row
- July 2012 – Promotion of www.ampleharvest.org to link gardeners and farmers with excess produce to food pantries with clients in need of fresh produce
- July 2012 – Complete Street Policy was adopted by York City Council
- August 2012 - Expanded the Fresh Fruits and Vegetable Program to include two city schools: Jackson and McKinley
- September 2012 - Mayor Bracey launched Let Move York City initiative
- September 2012 – Bring On Play completed phase one of the Penn Park renovation project
- October 2012 – York Housing Authority implemented a smoking ban in all public housing
- October 2012 – York was chosen by Partnership for a Healthier America as one of ten cities to host Play Streets events in 2013
- October 2012 – The Parking Authority approved the addition of bike racks to the public parking garages; one bike rack has been funded by PA Commuter Services and other racks will be funded through grant and fundraising efforts for the future
- October 2012 – Hosted a walkability/bikeability audit and planning session by WALC Institute (Walkable and Livable Communities) to aid in development of future environmental changes within the city
- November 2012 – The Food Availability Task Force hosted the first Food Summit to educate the public and pull more partners to the table to improve food access for all members of the community
- November 2012 – York City Schools implemented the Go Safe Walking Route for all York City School locations
- January 2013 – Hope Street Garden and Learning Lab team began work for garden implementation in May 2013
February 2013 – York YMCA was awarded the REACH (Racial and Ethnic Approaches to Community Health) Grant by the CDC and YMCA of the USA to continue policy, systems and environmental changes within the city for the improvement of nutrition, physical activity and tobacco cessation efforts.

April 2013 – Penn State Hershey awarded Lincoln Charter School and Eat Play Breathe York with two Safe Routes to Schools mini grants to implement safe walking routes to Hope Street Garden and to implement bike safety education programs.

May 2013 – Hope Street Garden and Learning Lab program implementation.

May-August 2013 – Play Streets events were hosted in four different neighborhoods within the city: Salem Square, Parkway/Northwest, Albemarle/Shalom East, Grimes Park.

June 2013 – York named a Playful City for the sixth year.

June 2013 – York City awarded one of three national Weight Watchers and USCM Healthy Communities Grants.

June 2013 – York City and Bring On Play awarded a Kaboom playground build to be completed at Yorktown Park on September 27, 2013.

June-August 2013 – Intern collaboration project – walking route maps completed by interns from York City Bureau of Health, York City Economic Development, York YMCA, WellSpan Community Health Improvement.

June – August 2013 – Corner Store assessment.


August 2013 – Bike and walking infrastructure improvement plan for routes leading to the Hope Street Garden and Learning Lab to be implemented by October 2013.

August 2013 - $50,000 funding awarded to the York City Bureau of Health for additional community garden, food access, safe routes and bicycle education implementations in September 2013.

August 2013 – Lincoln Charter School awarded $2,500 by Highmark Foundation to expand physical activity opportunities within the school.

August 2013 – Lincoln Charter School awarded $3,000 by Penn State Hershey Pro Wellness Center for implementation of Walk to School program in October 2013.

August 2013 – York City hosted Leading the Give event, a FaithNet initiative designed to show love and support to those in need in our community, by providing free food, groceries, health screenings and access to other types of support.

September 2013 – Representatives from Eat Play Breathe York were recognized as nominees for the White House Prevention and Public Health Champions of Change in Washington DC.

September 2013 - BOP, Kaboom, ES3 and over 250 volunteers built a new playground, community garden and basketball court at Yorktown Park.

September 2013 - The Preventative Health and Health Service Grant funded $11,000 of garden improvements for 8 York City community garden projects.

October 2013 - Lincoln Charter School hosted a "Walk to School" event with more than 750 students walking en masse with school administrators, teachers, government officials, community leaders and York City police.

November 2013 - 13 new bike parking units installed at government, school and community organization locations within the city.

January 2014 – Eat Play Breathe York was awarded $100,000 from the US Conference of Mayors for implementation of a childhood obesity prevention intervention in public, private and charter schools within the city.

February 2014 – National Leadership Academy for the Public’s Health (NLAPH) chose Eat Play Breathe York to participate as one of 29 communities in their 2014 cohort to develop leadership skills to improve community health.

April 2014 – Safe pathway signage leading to the Hope Street Garden and Learning Lab was mounted along designated safe routes within the Salem Square Neighborhood.

May 2014 – The City of York received the American League of Bicyclists bronze level Bicycle Friendly Community designation.

May 2014 – More than 1,400 Lincoln Charter and Thackston Charter school students and staff, along with community members and leaders, walked or biked to City Hall for the kick off of Bike In York Week.

June 2014 – A greenhouse was added to the Hope Street Garden and Learning Lab to prolong the growing season through the winter months.

September 2014 – Phase 2 Penn Park renovation completed.

November 2014 – The City of York was awarded a half million dollars for rail trail and bike lane infrastructure improvements